

What Could You CHANGE in Just 12 Weeks?

Diet & Nutrition

Counseling

12 Week Program

5 Personal Counseling Sessions + Daily Support for ONLY \$399

- five personal counseling meetings with Mr. Zee Badar, CPT
- First meeting is a 90-minute session that includes personal goal setting, fitness evaluation (body composition, and development of a personal meal and supplement plan
- Then, every three weeks, Zee will reevaluate your progress, make changes and modifications that will allow you to continue being successful
- Program gives access to program website, a daily journal, diet plans and motivational tips!

Let Zee motivate you to reach your personal health and fitness goals.

Offer available only through February 1, 2012

*May be used for training with professional trainer Zee Badar only.
Expires 12 months from purchase.

