

Would you like to see a  
*Noticeable  
Improvement*  
in your  
*Golf Game?*

No matter how great your technique,  
you will never make improvements  
in your golf game without  
resistance training.

You must train your muscles  
to work more efficiently.

- ~ Improved Shot Distance ~
- ~ Better Club Control ~
- ~ Sharpen Mental Focus ~
- ~ Greater Range of Movement ~

This is secret to  
becoming a better golfer.

# Personal Training for Golfers

Improve your  
Golf  
Performance  
this season.  
Commit to it!

Darrell Miles,  
Professional Trainer  
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