



**Kingwood
Country
Club**

**Set Your Fitness Goals. Make the Commitment.
Schedule It. Be Held Accountable. Get Results.
Make it WORK!**

Personal Training with Zak Tomic

Possibilities

- Lose size. Feel good wearing your clothes again.
- Gain strength. Tone up and *look better!*
- Have increased energy through your day. No more work day slumps.
- Be Happy. Look forward to each day.
- Schedule the time with your Spouse or a Friend. Buddy Train Together.

Making the Commitment is Easy!

8 Personal Training Sessions for only \$399

That's a savings of \$160

Offer valid through November 30, 2011. Sessions good for one year from purchase.

Sessions valid with Mr. Zak Tomic, CPT

Kingwood Fitness and Sports Center 281-348-2205