

# February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			8am Step * 9:30 AM Reformer Pil. 9:30am Zumba 6:00pm Circuit *7 PM Billy's Boot Camp	8 am Lower Body *9am Salsa 10:30am Intro Yoga 12pm Full Body * 6pm Power Reformer	8am Step 9am Mat Pilates	
5	6	7	8	9	10	11
	8am Step 9am Mat Pilates * 9:30am Reformer Pil. 1:45pm Zumba 6:00pm Circuit	8am Upper Body *9am Bosu * 9:30am Reformer Pil. 10:30am Intro Yoga 12pm Full Body * 6pm Pilates Reformer	8am Step * 9:30 AM Reformer Pil. 9:30am Zumba 6:00pm Circuit *7 PM Billy's Boot Camp	8 am Lower Body *9am Bosu 10:30am Intro Yoga 12pm Full Body * 6pm Power Reformer	8am Step 9am Mat Pilates	
12	13	14	15	16	17	18
	8am Step 9am Mat Pilates * 9:30am Reformer Pil. 1:45pm Zumba 6:00pm Circuit	8am Upper Body *9am Bosu * 9:30am Reformer Pil. 10:30am Intro Yoga 12pm Full Body * 6pm Pilates Reformer	8am Step * 9:30 AM Reformer Pil. 9:30am Zumba 6:00pm Circuit *7 PM Billy's Boot Camp	8 am Lower Body *9am Bosu 10:30am Intro Yoga 12pm Full Body * 6pm Power Reformer	8am Step 9am Mat Pilates	
19	20	21	22	23	24	25
	8am Step 9am Mat Pilates * 9:30am Reformer Pil. 1:45pm Zumba 6:00pm Circuit	8am Upper Body *9am Bosu * 9:30am Reformer Pil. 10:30am Intro Yoga 12pm Full Body * 6pm Pilates Reformer	8am Step * 9:30 AM Reformer Pil. 9:30am Zumba 6:00pm Circuit *7 PM Billy's Boot Camp	8 am Lower Body *9am Bosu 10:30am Intro Yoga 12pm Full Body * 6pm Power Reformer	8am Step 9am Mat Pilates	
26	27	28	29			
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