

# Adult Tennis

## Drills:

The drills will feature three components:

- 1- Games and drills that promote skills development
- 2- Faster paced games and drills that emphasis cardio work.
- 3- Match play.

All levels of players are invited to the drills with the exception of the Monday and Wednesday 7:30 AM drill which is for 3.0 and above levels and the match play on Saturday which is for 3.5 and above. Players should call the tennis pro shop at 763-478-9772 or email [scottjdanielson@hotmail.com](mailto:scottjdanielson@hotmail.com) at least one day before the drill to register.

Monday & Wednesday (3.0 and above)	7:30-9:00 AM
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Monday, Wednesday, Friday	9:30-11:00 AM
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Saturdays-

Match play (3.5 and above)	9-11 AM
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family drill Juniors and adults are invited Juniors must be able to serve from baseline	11-12:30 PM
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\$24.00 per drill

\$22.00 per match

\$408.00 (20) drill package

