

TPI Training

Titleist Performance Institute



12 of the last **16**
Major Championships

Were won by players advised
by a TPI Certified Expert



22 of the Top **35**
Players in the World

Official World Golf Rankings
Are advised by a TPI Certified Expert



58 of the last **87**
PGA TOUR events

Were won by players advised
by a TPI Certified Expert

Titleist Performance Institute is the revolutionary sports performance program available at Brookhaven Country Club. Comprehensive physical assessments uncover flaws that, through TPI Fitness Training, can be corrected to make dramatic improvements in player performance. Each program is designed online with 24hr access to videos, exercises, programs, articles, equipment and more to help you reach your goals.

- Golf Fitness Assessment
- General Fitness Assessment
- Online Programs
- Nutrition Consulting
- Adult & Junior Training

Contact Director of Athletics, Justin Nadeau at Brookhaven Country Club

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